

# Lesson 07



# VEGETARIANS

( Which includes Lessons )

Look at Ellie the Elephant,  
big and strong.



Her legs are so very long.



She eats vegetables, which  
are her favourite.



We must be vegetarians.



We must eat vegetarian  
food.



We must eat things made  
of wheat, grains, pulse, etc.



We must eat green  
vegetables.



We must eat fruits.  
We must be careful of  
what we eat.

